

# Welcome to Restaurant l'Autentico

DISCOVER OUR CHOICES OF BREAKFAST:

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## Quick breakfast

Grilled cheese sandwich ( <i>coffee or juice not included</i> ) .....	\$ 4.95
Oatmeal ( <i>coffee or juice not included</i> ) .....	\$ 3.95
Cereals ( <i>coffee or juice not included</i> ) .....	\$ 4.25
Bagel or toasts with jam ( <i>coffee or juice not included</i> ) .....	\$ 3.75
Bagel or toasts, jam and coffee <b>or</b> 1 orange juice .....	\$ 5.95
Oatmeal, toast, fresh fruits and coffee <b>or</b> tea <b>or</b> 1 orange juice .....	\$ 8.25
Grilled cheese sandwich, fresh fruits and coffee <b>or</b> tea <b>or</b> 1 orange juice .....	\$ 7.50

## and more...

Toasts **or** bagel and fresh fruits served with **one of the following choices** .....\$ 7.75

{	Swiss cheese (2)	Strawberry <b>or</b> plain cream cheese	}
	Sliced yellow cheese (2)	Cottage cheese	
	Yellow and white cheddar cheese(2)	Cretons	
		Beans	

**Served with jam, coffee or tea or 1 orange juice.**

*Gluten-free bread, extra \$ 1.50*

# HOUSE'S SPECIAL

## ... *Waffles* ...

*Plain with maple syrup \$ 13.50*

*Waffle with topping \$ 14.50*

*choose one of the following five choices:*

- |   |              |   |   |
|---|--------------|---|---|
| { | 1) Banana    | 4) Strawberry                               | } |
|   | 2) Blueberry | 5) Mixed fruits (cantaloupe, honeydew melon |   |
|   | 3) Raspberry | pineapple, pear, peach, strawberry)         |   |
|   |              |   |   |
|   |              |   |   |

*Served with english cream, maple **or** chocolate syrup and whipped cream*

***Coffee or tea or 1 orange juice included.***

*Extra topping \$ 1.95*

*Un petit péché \$ 6.50*

A QUARTER WAFFLE

*Choose within the following choices*

- |   |              |   |   |
|---|--------------|---|---|
| { | 1) Banana    | 4) Strawberry                               | } |
|   | 2) Blueberry | 5) Mixed fruits (cantaloupe, honeydew melon |   |
|   | 3) Raspberry | pineapple, pear, peach, strawberry)         |   |
|   |              |   |   |
|   |              |   |   |

*Served with english cream, maple **or** chocolate syrup and whipped cream.*

*Extra topping \$ 1.95*

***Coffee or tea not included.***

## ... *Sandwiches* ...

Chicken <b>or</b> ham <b>or</b> egg sandwich.....	\$ 6.95
Tomatoes and bacon.....	\$ 6.50
Tomatoes, bacon and cheese sandwich.....	\$ 6.75
Western sandwich.....	\$ 7.05

***Coffee or tea not included.***

Club sandwich L'Autentico.....	\$ 16.75
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(Egg, bacon, tomatoes, lettuce, cheese)

Served with fresh fruits and potatoes.

***Coffee or tea or 1 orange juice included.***

... *Fruits* ...

Fruits plate, <i>coffee or tea not included</i> .....	\$ 10.25
Fruits plate, <i>coffee or tea or 1 orange juice included</i> .....	\$ 12.25

<i>La pacifique</i> .....	\$ 15.75
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Fruits plate with **one the following choices**:

- 1) Yellow and white cheddar cheese 2) Cottage 3) Plain **or** strawberry cream cheese

<i>Le Clocher</i> .....	\$ 17.25
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Fruits plate, 1 poached egg, choice of cheese

Served with homemade bread **or** bagel, english cream **or** maple syrup **or** chocolate syrup. **Coffee or tea or 1 orange juice included.**

<i>Combined plate</i> (there are no eggs in this meal).....	\$ 17.50
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Cretons, baked beans, bacon, sausage, ham Pancake **or** French toast with maple syrup

*Served with fresh fruits or tomatoes, potatoes and homemade bread.*

(Any change in the plate, extra \$1.50 • Gluten-free bread, extra \$1.50)

**Coffee or tea or 1 orange juice included.**

... « *Les Bons Matins* » ...  
(choice of meat: bacon, sausages, ham)

1 egg.....	\$ 8.95
1 egg, 1 meat.....	\$ 10.50
1 egg, 2 meats.....	\$ 11.75
1 egg, 3 meats.....	\$ 13.50
2 eggs.....	\$ 10.95
2 eggs, 1 meat.....	\$ 11.95
2 eggs, 2 meats.....	\$ 13.25
2 eggs, 3 meats.....	\$ 14.95

*Served with fresh fruits or tomatoes, potatoes and homemade bread.*

(Any change in the plate, extra \$1.50 • Gluten-free bread, extra \$1.50)

**Coffee or tea or 1 orange juice included.**

*Extras*

1 egg.....	\$ 2.50	Fruits or tomatoes.....	\$ 1.75
1 meat: <i>bacon or sausages or ham</i> .....	\$ 3.95	Maple syrup 2 ounces.....	\$ 2.75
Potatoes.....	\$ 3.00	Maple syrup 3 ounces.....	\$ 3.75
Cretons.....	\$ 3.25	1 french toast with maple syrup.....	\$ 6.50
Baked beans.....	\$ 3.50	Smoked salmon.....	\$ 7.50
Roasted pork.....	\$ 3.75	1 toast extra.....	\$ 1.75
1 sausage.....	\$ 1.75	1 toast order extra.....	\$ 2.75
Cheese 1 slice.....	\$ 1.75	Gluten-free bread.....	\$ 1.50
Cheese 2 slices.....	\$ 2.75		

## ... Combos ...

### Choice # 1

(Choice of meat : bacon, sausage, ham)

1 egg .....	\$ 14.50
1 egg, 1 choice of meat.....	\$ 15.50
1 egg, 2 choices of meat.....	\$ 16.75
1 egg, 3 choices of meat.....	\$ 18.00
2 scrambled eggs with garlic mushrooms .....	\$ 18.25
2 scrambled eggs with asparagus.....	\$ 18.25
2 scrambled eggs with spinach.....	\$ 18.25
1 poached egg, béchamel sauce, mozzarella cheese gratin with bacon on top.....	\$ 18.75

Served with homemade bread, fresh fruits, potatoes

**Coffee or tea or 1 orange juice included.**

Gluten-free bread, extra \$ 1.50

### Choice # 2

A quarter waffle **or** crêpe bretonne **or** plain French toast

Served with english cream, maple syrup **or** chocolate syrup and whipped cream.

Choice of toppings:

{	1) Banana	4) Strawberry	}
	2) Blueberry	5) Mixed fruits (cantaloupe, honeydew melon	
	3) Raspberry	pineapple, pear, peach, strawberry)	

## ... Crêpes Bretonnes ...

<i>Du canotier</i> .....	\$ 16.50
Asparagus, béchamel sauce and cheese	
<i>La forestière</i> .....	\$ 16.75
Garlic sautéed mushrooms, béchamel sauce and cheese	
<i>De l'Atlantique</i> .....	\$ 18.50
Smoked salmon, capers, red onions and béchamel sauce	
<i>Du diable</i> .....	\$ 16.25
Scrambled eggs, ham, béchamel sauce and cheese	
<i>Du canton</i> .....	\$ 16.25
Tomatoes, onions, ham, béchamel sauce and cheese	
<i>Du potager</i> .....	\$ 16.50
Asparagus, onions, sweet peppers, béchamel sauce and cheese	
<i>Aux épinards</i> .....	\$ 16.50
Spinach, béchamel sauce and cheese with mirror egg on top	

Served with fresh fruits and potatoes,

**Coffee or tea or 1 orange juice included.**

## ... Pancakes ...

*4 pancakes* .....\$ 15,25  
*Served with fresh fruits, whipped cream and maple syrup*

*Crêpes bretonnes topped with* .....\$ 16.25

*One of the five following choices*

- |   |              |   |   |
|---|--------------|---|---|
| { | 1) Banana    | 4) Strawberry                               | } |
|   | 2) Blueberry | 5) Mixed fruits (cantaloupe, honeydew melon |   |
|   | 3) Raspberry | pineapple, pear, peach, strawberry)         |   |
|   |              |   |   |
|   |              |   |   |

*Extra topping \$ 1.95*

*Served with english cream, maple OR chocolate syrup and whipped cream.*

*Escalade de fruits* .....\$ 23.25

2 crêpes bretonnes filled with different fruits  
1 layer of strawberry and banana, 1 layer of mixed fruits

*Served with english cream and a raspberry and blueberry garnish.*

### *French toast*

Plain French toast with maple syrup .....\$ 14.50  
*Served with fresh fruits, whipped cream and maple syrup.*

French toast topped with .....\$ 16.25

1) Banana	4) Strawberry
2) Blueberry	5) Mixed fruits (cantaloupe, honeydew melon
3) Raspberry	pineapple, pear, peach, strawberry)

*Served with english cream, maple syrup OR chocolate syrup and whipped cream.*

*Extra topping \$ 1.95*

*Duo Curé-Labelle* .....\$ 18.00  
Duo of pancakes (3) and French toast (2)  
*Served with fresh fruits, whipped cream and maple syrup.*

*Coffee or tea or 1 orange juice included.*

## ... Brunch plates ...

*Du camionneur* .....\$ 26.75  
2 eggs, ham, bacon, sausage, roast pork, baked beans, cretons and cheese

*Le Sénateur* .....\$ 27.75  
Plain omelette, ham, bacon, sausage, roast pork, baked beans, cretons, cheese,  
2 pancakes and maple syrup

*Le Soleil levant* .....\$ 17.75  
2 scrambled eggs with asparagus and béchamel sauce, with bacon on top

*Le Soleil couchant* .....\$ 17.00  
1 poached egg, béchamel sauce, mozzarella cheese gratin topped with bacon

***Our brunch plates are served with potatoes, homemade bread, fresh fruits or tomatoes.***

***Coffee or tea or 1 orange juice included.***

***(Any change in the plate, extra \$1.50 • Gluten-free bread, extra \$1.50)***

## ... Bagels ...

*Au saumon fumé* .....\$ 19.50  
Bagel with cream cheese, smoked salmon, capers, red onions and lemon

*L'Autentico* .....\$ 17.00  
Bagel with ham, swiss cheese, coddled egg, béchamel sauce, mozzarella cheese gratin

***Our bagels are served with potatoes and fresh fruits.***

***Coffee or tea or 1 orange juice included.***

## ... Bénédictines ...

*Le bénédicte* .....\$ 19.00  
English muffin, topped with ham, swiss cheese, 2 poached eggs,  
hollandaise sauce served with potatoes and fresh fruits.

*Le bénédicte smoked salmon* .....\$ 22.50  
English muffin, topped with smoked salmon, swiss cheese, 2 poached eggs,  
hollandaise sauce served with potatoes and fresh fruits.

***Coffee or tea or 1 orange juice included.***

... *Omelettes 3 eggs* ...

*Plain omelette* .....\$ 11.95

*La combinée* .....\$ 16.00

Choose 4 of the following ingredients

*Ham, bacon, sausage, cheese, asparagus, onions, sweet peppers, mushrooms, tomatoes, garlic and parsley*

Extra topping \$ 1.95

Omelette (HAM) .....\$ 13.95

Omelette (BACON) .....\$ 14.25

Omelette (BACON-HAM) .....\$ 14.95

Omelette (ASPARAGUS OR SPINACH) .....\$ 14.50

Omelette (HAM, CHEESE) .....\$ 14.25

Omelette (SPINACH, CHEESE) .....\$ 15.25

Omelette (WESTERN : *onion, ham, sweet pepper*) .....\$ 15.25

Omelette (POTATOES, ONIONS, PARSLEY) .....\$ 15.25

3 cheeses omelette (*white cheddar, yellow cheddar, mozzarella*) .....\$ 15.75

*Each omelette is served with fresh fruits, potatoes and homemade bread.*

***Coffee or tea or 1 orange juice included.***

... *Stuffed potatoes* ...

*Du pont*

2 poached eggs with béchamel sauce, mozzarella cheese gratin .....\$ 18.25  
Topped with bacon

*Du pré*

Garlic sautéed mushrooms in béchamel sauce, mozzarella cheese gratin ..... \$ 18,25  
Topped with bacon

*La paysanne*

Ham in béchamel sauce, mozzarella cheese gratin .....\$ 18.25  
Topped with bacon

*Served with fresh fruits, tomatoes and homemade bread.*

***Coffee or tea or 1 orange juice included.***

## ... Beverages ...

Juice.....		\$ 3.75
Milk.....	<i>small</i> .....	\$ 3.25.....
	<i>large</i> .....	\$ 4.00
Chocolate milk .....	<i>small</i> .....	\$ 3.50.....
	<i>large</i> .....	\$ 4.25
Hot chocolate .....		\$ 3.95
Coffee, tea, herbal tea .....		\$ 3.25
Espresso.....		\$ 5.50
Cappuccino.....		\$ 5.75
Bowl of coffee milk .....		\$ 6.00
Soft drink.....		\$ 3.95
Mineral water .....		\$ 3.95
Mimosa (sparkling wine 200 ml and orange juice).....		\$ 14.00

### Children's menu (12 and under)

- ① 1 egg, 1 choice of meat, 1 toast and fruits
- ② 1 quarter waffle with maple syrup or fruits
- ③ Pancakes with maple syrup or fruits
- ④ French toast with maple syrup or fruits

**\$6<sup>50</sup>**

**Orange juice  
included**

**For information**



**819 499-6444**

*Have a good day!*





**Mimosa**  
**14\$**